



SWEET MOMENTUM FITNESS

Buddy Pass System

Being surrounded by people who understand and support your goals around health and fitness makes a MASSIVE difference. And sometimes it's just fun to share your workout experience with the people you love—show off your muscles, introduce your significant other to your fellow trainees, inspire your friends to get more active...

So, here's the deal: you've got a Buddy Pass to use every month, which gives you AND a buddy one free session. Yup, that's in addition to whatever training program you currently have. If, for example, you currently train with us 2x/week, now you can add a third session on any given week during the month.

But please note: your monthly Buddy Pass is bound by these rules.

1) Pass is GOOD FOR ALL SESSIONS.

2) Pass is only good if you bring a Buddy. It's called a "Buddy Pass" for a reason, after all. 😊

Absolutely 100% no exceptions. Otherwise, chaos will ensue. Dig it?

You're excited, right? I KNOW! We are, too! Here's how to use your Buddy Pass:

- 1) Log in to your Zen Planner account.
- 2) Set up your guest as a "Family Member" by clicking on "Create a NEW Family Member" on the reservation page of the site.
- 3) Click "Add Person" on next screen. Then fill out the form. Only first and last name are required. Click "Save Changes."
- 4) Now you can return to the reservation page and schedule a class for yourself.
- 5) Then schedule for your "family member" for a "Free Trial" in the same class. (shown below)

Semiprivate Training

Date **Thursday December 31, 2015**

Time **5:00 PM - 6:00 PM**

Location [Main Location map](#)

4 Spaces Remaining

Select Family Member to view eligibility and register for class:

Lizzy Jude ▼

THERE ARE NO ELIGIBLE CLASSES FOR WHICH TO RSVP

Membership Options

Free Trial **Select**

Try one class for free

[Create a New Family Member](#)

6) Be there with your Buddy to sweat it out!

Easy peasy. If you have any questions, or if you encounter any trouble with scheduling, please holler so we can find a solution pronto. We hope this is a valuable add-on to your Sweet Mo training program. We really want you to know how much we value you as a member of the Sweet Mo Community, and want to keep you rockin' your fitness game throughout the weeks and months ahead.

As always, if there is anything else we can do to support you, please let us know.